



## HOW TO LIVE BOLDLY AND CHOOSE CONFIDENTLY

PRESENTED BY FR. GREGORY PINE, O.P.

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### FOR ADULT FORMATION GROUPS & HIGH SCHOOL CLASS DISCUSSIONS

#### For Understanding

*Watch Fr. Gregory Pine's "How to Live Boldly and Choose Confidently" to learn the answers!*

1. Why are some individuals so prone to “analysis paralysis” in decision making?
2. How is prudent (the virtue of the practical) different from politics (art of the possible)?
3. What does it mean to live well in a Catholic context?
4. Fr. Gregory says that there’s more to life than just avoiding or optimizing consequences and maximizing our positive emotions. Why are these things not enough to live a good life?

#### To Go Deeper

*Draw from your own experience or invite a local expert in to help you think more deeply about this video and how it can inspire you to live out the faith in the public square!*

1. What distractions do you use or have used as a way to avoid decision making?
2. How can you practice the virtue of prudence in your daily choices?
3. Is there someone in your life you admire as a prudent person? What are some of their tactics for making good choices?
4. Why might two well meaning Catholics see what is a prudent path forward in opposite ways?