



## **EDIFY EPISODE: HOW TO BE CATHOLIC ON SOCIAL MEDIA** PRESENTED BY PAULINA GUZIK

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### **FOR ADULT FORMATION GROUPS**

#### **For Understanding**

*Watch Paulina Guzik's "How To Be Catholic on Social Media" to learn the answers!*

1. What are the 3 suggestions Dr. Guzik gives to Catholics on social media?
2. How can we use social media to help others to heal and unite?
3. Why did Pope Benedict XVI start the Pontifex Twitter account?

#### **To Go Deeper**

*Draw from your own experience or invite a local expert in to help you think more deeply about this video and how it can inspire you to live out the faith in the public square!*

1. Have you experienced any of the downsides of social media?
2. What age groups do you see are most susceptible to social media abuse and addiction?
3. Why do you think we (as a society) engage in dialogue far less than we used to?
4. Do you think the Pope should be on social media?



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### **FOR HIGH SCHOOL CLASS DISCUSSIONS**

#### **For Understanding**

*Watch Paulina Guzik's "How To Be Catholic on Social Media" to learn the answers!*

1. What are some reasons people join social media?
2. Name two dangers of social media that Dr. Guzik mentions.
3. How does she say we can use social media to heal and unite?
4. Why did Pope Benedict XVI start the Pontifex Twitter account?

#### **To Go Deeper**

*Assign these questions to students for pre-research for follow-up assignments to the video.*

1. What social media do you use (if any)? Do you think Dr. Guzik is right about its dangers?
2. What are some benefits you see of using social media?
3. Do you think the dangers of social media are worth it?
4. What are some rules you have for yourself about responding to images of claims you read on social media? Do you never swear? Only share articles you've read in full? Only share photos of yourself? Discuss why you have the rules you do.